

Parent Classes- Fall 2011 Catalog

Please call 651-651-3549 to register!

September

CICC (Center for Inclusive Child Care): Inside the Child: Social and Emotional Development

Ever wonder why children do what they do? This interactive training will give participants a chance to look at a child's behavior from the "inside-out." Participants will examine children's temperament and development in relation to children's behavior.

Instructor: Kim Woehl

Time: Tuesday, September 6, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Family Means, Stillwater

The Secrets of Children's Social Lives

Making friends is one of the most valuable things children do as they learn and grow. Adults are often watching their children's social lives, wondering how to help their kids cope with the challenges, heartbreaks, and the joys of making friends, losing them, and making friends again. Join us as we examine why friendship is such an important part of children's lives.

Instructor: Cory Woosley

Time: Tuesday, September 13, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Blaine Human Services Center, Rm 300, Blaine

How Many Times Do I Have to Tell You?

Do you find yourself yelling, threatening, and pleading with your children and they still won't listen to you? This class will explore common barriers often used which discourage communication. Replace the barriers with builders which will promote communication and cooperation.

Instructor: Joyce Flynn

Time: Wednesday, September 14, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST – Hennepin Square, Minneapolis

Sleep Issues in the Young Child

CDA 1

Do you have babies who wake up every time you put them in their crib? Discussion about how to establish good sleep habits and handle sleep problems. Other topics include SIDS, nightmares, night terrors & nap issues.

Instructor: Barb Stoll

Time: Wednesday, September 21, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

October

Peaceful Parenting -Parent

Peaceful Parenting in a Violent World or Raising Peaceful Children: In this interactive session you will learn how to raise peaceful children, resolve conflict and create a peaceful environment in the classroom.

Instructor: Burt Berlowe

Time: Monday, October 17, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

Infant Development

Infants develop at their own rate and in their individual manner. There are common threads to this development that we all must know. This class helps us see how we can accommodate the infant's development and assist by not doing it for him.

Instructor: Phyllis Porter

Time: Thursday, October 27, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

How Stress Affects Child Behavior

We live in a stressful world. This class will look at misbehavior for causes found in a child's response to stress. Learn strategies to help stressed out children change behavior.

Instructor: Sharon Kaniess

Time: Monday, October 31, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

November

Young Children and Biting

Are you frustrated by the frequency of children biting in your care? Come learn why toddlers are so quick to bite and learn techniques for intervening and prevention of biting

Instructor: Judy Davis

Time: Thursday, November 10, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST – Hennepin Square, Minneapolis

Promoting Peace or Advocating Violence: Enhancing Encounters with Infants and Toddlers

Gentle touches beget peaceful children. Harsh touches turn into violence. How do we change one to the other?

Instructor: Phyllis Porter

Time: Thursday, November 17, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST – Hennepin Square, Minneapolis

Toilet Learning

There are many different ideas and theories on how young children should be toilet trained. We will look at how this milestone in development can be reached from a logical and developmental process to set toilet training up for success and less frustration for child and provider.

Instructor: Judy Davis

Time: Monday, November 28, 6:30-8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: Resources for Child Caring, St. Paul

December

Managing Behavior When My Buttons Are Pushed

CDA 3 or 6

How do we keep it together when our “buttons” are being nudged, pushed, or slammed? Come and review methods of managing children’s behaviors when your patience is being tried and tested. We will examine our own caregiver behaviors as we seek ways to remain responsive and not reactive.

Instructor: Steven Roecklein

Time: Wednesday, December 7, 6:30–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST – Hennepin Square, Minneapolis

CICC (Center for Inclusive Child Care): ADHD: Seeing the Disability Behind the Behavior

CDA 3

Navigating the landscape of a child with AD/HD might be easier if providers had a 'map' to follow! Join other participants in this interactive training in discovering the myths and facts of AD/HD as well as exploring successful and practical strategies for inclusion of children with AD/HD.

Instructor: Kristen Wheeler-Highland

Time: Thursday, December 15, 6:30 p.m.–8:30 p.m.

Fee: \$20.00, 2 in-service hours

Location: RCC WEST – Hennepin Square, Minneapolis